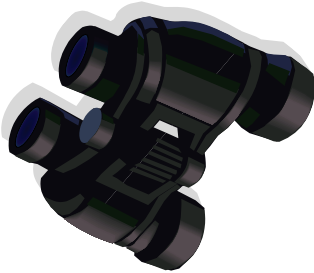


The *Adventure* Begins

Crossroads of Western Iowa

7:30 to 9:00	Personal Growth
9:00 to 9:45	Activities/Outings
9:45 to 10:15	Coffee/Chatter
10:15 to 11:30	Activities/Outings
11:30 to 1:00	Lunch/Personal Growth
1:00 to 1:45	Activities/Outings
1:45 to 2:30	Activities/Outings
2:30 to 3:00	Current Events



Adaptive Computer Lab:

Adaptive keyboards
Intellikeys
Switch access
Adaptive Software
Touch Screens



Community Involvement:

Community Outings
Volunteerism
Special Olympics
Buddy Baseball



Life Skills Development:

Glamour Enrichment
Men's Groups
Cooking (meal planning, shopping, etc.)
Safety Skills Training
Health and Wellness Awareness
Self Advocacy
Social Skills Enhancement



Music Therapy:

Karaoke
Music Activities
Musical Instruments
Keyboards



Sensory Therapy:

Tactile
Oral and Visual
Stimulation



Discovery's:

Communication Activities
Gross & Fine Motor Skills
Cognitive Skill Building
Daily Recreation
Arts and Crafts

And Many More !

A Days Journey

Activities may vary by location